



<https://summitumc.net/calendar/>

# The Flash

## Summit United Methodist Church

February 23, 2024



## LENT DEVOTIONAL 2024

Each year Pittsburgh Theological Seminary offers our free Lent devotionals and resource kits as our gift to you! Check out some of the writers....

[https://www.pts.edu/devotional\\_1](https://www.pts.edu/devotional_1)



# Lent

**Our Neighbor's Place Update!** On Saturday, February 18<sup>th</sup> a group of us worked with the project to help feed 40+ people and hand out gently used clothing! We have the opportunity to go back and serve on February 24<sup>th</sup>! I have all the volunteers I need for that date which is amazing! However, they are in need of clothing and toiletry donations. Most needed: • Men's sweatpants (all sizes) (in desperate need) • Men's jeans/pants (smaller sizes mostly, but any are welcome) • Waterproof Gloves • Travel size toiletries (these are the most needed), but any donations are appreciated. If you feel led to donate, please let me know and I can pick them up or they can be dropped off at the church.

We are also in need of breakfast items that can be handed out as the neighbors leave in the morning. Some ideas would be Nutra grain bars, breakfast cookies, pop tarts, oranges, and bananas, small bottles of juice or water. We usually serve around 45 guests. Any questions? Please contact Olivia Cornwell 814-636-2336



**Easter Blessing Eggs...Want to reconnect?** Why not pray for someone in our church family? Easter Blessing Eggs will be available this Easter season like last year. Please choose an egg (or 2) and pray for your egg. Open them on Easter and see who you have been praying for? If you would like to join in this, but are unable to come to church, call Lori or Pastor Tom and we will select an egg for you. Eggs will contain the name or names of someone in our church family. Bless them by praying for them!

Spring Women's  
Spiritual Retreat  
led by Rev.  
Connie Hoeke at  
Olmstead Manor

[Info or  
Register](#)



This is a conference event.

### **SPECIAL CHURCH CONFERENCE**

A special charge conference was held on Tuesday, February 20. The purpose was to finalize the sale of the Parsons Road property as some of the details of the sale have changed. A motion was unanimously passed to continue with the sale of the property.



SPRING DISCIPLESHIP SPEAKER SERIES Sponsored by the Conference Discipleship Team, and the Summit Church Stephen Ministers. This FREE discipleship opportunity will feature Rev. Dr. Roger Owens, who will discuss "The Quiet Center: Meditation in the Christian Tradition." These sessions will be held on Zoom over the lunch hour. Individuals are encouraged to join at our church bring a lunch and learn! Coffee, tea and water will be provided.

## Spring Discipleship Speaker Series - Session 1

WPAUMC  
Discipleship  
Ministry  
*presents*

SPRING 2024  
*Lunch & Learn*  
**SPEAKER SERIES**

*The Quiet Center:  
Meditation in the Christian Tradition*

**MAR 14 | APR 11 | MAY 9**

with  
*L. Roger  
Owens*

Roger Owens will present the Discipleship Spring Speaker Series this year. It is sponsored by the Discipleship Team and there is no charge for registrants. You are encouraged to register individually or as an entire group!

### "The Quiet Center: Meditation in the Christian Tradition"

We live full, busy lives, and are informed that practices of meditation and mindfulness can help ease stress and anxiety, but to what extent are these secular practices consonant with the Christian faith? This series of talks will explore the theology and practice of Christian meditation and give practical guidance on how different varieties of meditation can become a part of an authentic life of prayer.

#### Dates:

March 14

April 11

May 9

#### Time:

12-1 pm EST via Zoom.



#### Rev. Dr. Roger Owens

L. Roger Owens is Hugh Thomson Kerr Professor of Pastoral Theology and Pittsburgh Theological Seminary, where he teaches a course in ministry, preaching, and Christian spirituality. Roger moved to Pittsburgh in 2013 after serving United Methodist congregations in North Carolina for ten years. He is currently the Co-Senior Pastor, with his wife, Ginger Thomas, of Fox Chapel Presbyterian Church outside of Pittsburgh. He is the author of several books, including *Everyday Contemplative: The Way of Prayerful Living and What We Need Is Here: Practicing the Heart of Christian Spirituality*.