



# The Flash

## Summit United Methodist Church

March 1, 2024

<https://www.wpaumc.org/newsdetail/new-conference-logo-18200824>



<https://summitumc.net/calendar/>



## LENT DEVOTIONAL 2024

Each year Pittsburgh Theological Seminary offers our free Lent devotionals and resource kits as our gift to you! Check out some of the writers....

[https://www.pts.edu/devotional\\_1](https://www.pts.edu/devotional_1)



# Lent



**Easter Blessing Eggs...Want to reconnect?** Why not pray for someone in our church family? Easter Blessing Eggs will be available this Easter season like last year. Please choose an egg (or 2) and pray for your egg. Open them on Easter and see who you have been praying for? If you would like to join in this, but are unable to come to church, call Lori or Pastor Tom and we will select an egg for you. Eggs will contain the name or names of someone in our church family. Bless them by praying for them!

## CLEANING BUCKET CHALLENGE

Our annual conference's Mission Barn has made a plea for cleaning buckets. Multiple natural disasters across our nation and our world have significantly impacted the supply of buckets. The Mission Barn is currently collecting this important and tangible expression of God's love.

In response to this need, the Erie-Meadville District is sponsoring a friendly cleaning bucket competition among the district churches. Congregations are being challenged to purchase the components and assemble the buckets for shipment to the Mission Barn. The contest will end on Easter Sunday (March 31, 2024).

View UMCOR cleaning kit assembly instructions. <https://umcmmission.org/umcor-cleaning-kit/>

### Items needed:

- One five-gallon round bucket with re-sealable lid (14.35" h x 12.19" w x 12.19" d)
  - No screw lids
  - May be used, but must be free from all residual product
  - Advertisements on the outside acceptable
- One 32-64 oz. bottle liquid laundry detergent
- One 16-40 oz. bottle liquid concentrate household cleaner
  - No spray cleaners
- One 16-34 oz. bottle dish soap
- One 4-8 oz. pump spray air freshener (liquid, not gel)
- One 6-14 oz. pump spray insect repellent (pack of 10-20 wipes also acceptable)
  - Pump spray bottles must have protective covers
- One scrub brush
  - With or without handle
- 18 re-useable cleaning wipes
  - No terrycloth, microfiber or paper towels
  - Remove from packaging
- Five scouring pads
  - No stainless-steel pads with soap in them
  - Remove from packaging
- 36-50 clothespins
- One 50-100 ft. clothesline (cotton or plastic line)
- 24 roll of heavy-duty trash bags (33-45-gallon sizes)
  - Remove from packaging
- Five N95 particulate respirator dust masks (1-3 mm thickness)
  - No surgical masks
- Two pairs kitchen gloves
  - Durable for multiple uses
  - Remove from packaging
- One pair work gloves
  - Cotton with leather palm or all leather

### Assembly Directions

- All items must be new with the exception of the bucket and lid which may be recycled but must be clean and free of debris.
- All cleaning agents must be liquid form. No powders are accepted.
- If items have been omitted, label bucket. Please indicate which items are missing.

Summit will start collecting items for the buckets this week, please bring any items you have to church starting this Sunday. The bucket containers will be provided by the church.

**Flowers for April** we would appreciate chancel flower signups for the month of April. Please sign up on the chart located between the church office doors or contact Connie Close at 814-520-6570.

**Aluminum Cans** are being collected for recycling and proceeds are used to support church missions. There is a collection bin in the hallway opposite the church office door. See Jack MacArthur for any questions.

**Worship Servants** If you would like to become more involved...why not become a worship servant...there are many ways to serve.

- Ushers should contact Frank Walker
- Greeters contact Anita Muenz
- Acolytes contact Ellen Strobel
- Worship Leaders or Children Message Presenters contact Pastor Tom or Colleen Osborn
- Technology Support has several options Camera Operator, Power Point Presenter, Facebook Monitor....contact Lori Costello

We would like to set up a schedule for the coming weeks and training is available.

**Updating the church Directory and adding photos** in the coming weeks I would like to update the current church directory and add photos of our members to the database to help with the transition for our new pastor. If you could please check the Church Directory in the welcome center in the binder and make any address, email or phone number changes that would be appreciated. Photos will be gathered in the coming weeks or you can choose to email a current photo to the church office at [sumc-office@verizon.net](mailto:sumc-office@verizon.net) Thanks!

Spring Women's  
Spiritual Retreat  
led by Rev.  
Connie Hoeke at  
Olmstead Manor

[Info or  
Register](#)



This is a conference event.

SPRING DISCIPLESHIP SPEAKER SERIES Sponsored by the Conference Discipleship Team, and the Summit Church Stephen Ministers. This FREE discipleship opportunity will feature Rev. Dr. Roger Owens, who will discuss "The Quiet Center: Meditation in the Christian Tradition." These sessions will be held on Zoom over the lunch hour. Individuals are encouraged to join at our church bring a lunch and learn! Coffee, tea and water will be provided.

## Spring Discipleship Speaker Series - Session 1

WPAUMC  
Discipleship  
Ministry  
*presents*

SPRING 2024  
*Lunch & Learn*  
**SPEAKER SERIES**

*The Quiet Center:  
Meditation in the Christian Tradition*

with  
**L. Roger  
Owens**

**MAR 14 | APR 11 | MAY 9**

Roger Owens will present the Discipleship Spring Speaker Series this year. It is sponsored by the Discipleship Team and there is no charge for registrants. You are encouraged to register individually or as an entire group!

### "The Quiet Center: Meditation in the Christian Tradition"

We live full, busy lives, and are informed that practices of meditation and mindfulness can help ease stress and anxiety, but to what extent are these secular practices consonant with the Christian faith? This series of talks will explore the theology and practice of Christian meditation and give practical guidance on how different varieties of meditation can become a part of an authentic life of prayer.

#### Dates:

March 14

April 11

May 9

#### Time:

12-1 pm EST via Zoom.



#### Rev. Dr. Roger Owens

L. Roger Owens is Hugh Thomson Kerr Professor of Pastoral Theology and Pittsburgh Theological Seminary, where he teaches a course in ministry, preaching, and Christian spirituality. Roger moved to Pittsburgh in 2013 after serving United Methodist congregations in North Carolina for ten years. He is currently the Co-Senior Pastor, with his wife, Ginger Thomas, of Fox Chapel Presbyterian Church outside of Pittsburgh. He is the author of several books, including *Everyday Contemplative: The Way of Prayerful Living and What We Need Is Here: Practicing the Heart of Christian Spirituality*.